

KRAMER MEDICAL

Warren G. Kramer, III, M.D., Inc. | Sten Erik Kramer, M.D., Inc. | Bryan Charles Doonan, M.D.
1401 Avocado Avenue Suite #307 Newport Beach, CA 92660
Phone (949) 720-1944 | Fax (949) 720-9710

POST OPERATIVE PROTOCOL: POST-OP MEDICINE

The following information is a general guideline of the typical medication that is used in our patients post-operatively. It is not meant for use as medical advice, please take medication only as your physician or pharmacist has instructed you to do so.

Celebrex

200mg: Take 1 by mouth each day, for five days following surgery.

**If you have a sulfa allergy please consult a physician prior to taking this medication.*

Adverse Reactions:

Dyspepsia, diarrhea, abdominal pain, nausea, dizziness, headache, sinusitis, upper respiratory infection, rash.

Senokot-S

Take 1 by mouth every 12 hours as needed for constipation.

Vicodin (hydrocodone/acetaminophen)

5/500mg take 1-2 by mouth every 4-6 hours as needed for pain.

Note to patient: Do not take more than 2 tablet in a 4 hour period and do not take more than 8 tablets in a 24 hour period. Do not take Tylenol in addition to this medication as it already contains acetaminophen.

Adverse reactions:

Lightheadedness, dizziness, sedation, nausea, vomiting.

Darvocet N-100 (propoxyphene/acetaminophen)

100mg/650mg 1-2 by mouth every 3-4 hours as needed for pain.

Note to patient: This medication contains 650 mg of Tylenol per pill. Do not take more than 6 tablets per 24 hour period. Do not take Tylenol in addition to this medication as it already contains acetaminophen.

Adverse reactions:

Dizziness, sedation, nausea, vomiting, liver dysfunction.

OxyContin

20mg (oxycodone controlled-release) take 1-2 by mouth every 12 hours.

Note to patient: OxyContin tablets are to be swallowed whole. They are not to be broken, chewed, crushed, or cut. Taking pills which have been tampered with leads to rapid release of and absorption of a potentially fatal dose of oxycodone.

Adverse reactions:

Respiratory depression, constipation, nausea, somnolence, dizziness, vomiting, pruritis, headache, dry mouth, sweating, asthenia.

Robaxin (methocarbamol)

500 mg take 1 by mouth every 6 hours as needed for muscle spasms.

Adverse reactions:

Lightheadedness, dizziness, drowsiness, nausea, urticaria, pruritis, rash, conjunctivitis, nasal congestion, blurred vision, headache, fevr, seizures, syncope, flushing.

Zofran ODT

8mg take one pill under the tounge every 8 hours as needed for nausea and vomiting.

Adverse reactions:

Headache, diarrhea, dizziness, drowsiness, malaise/fatigue, constipation, LFT abnormalities

Phenergan

25mg administer 1 per rectum every 6 hours as needed for nausea and vomiting.

Adverse reactions:

Drowsiness, sedation, blurred vision, dizziness, increased or decreased blood pressure, urticaria, dry mouth, nausea, vomiting